

Lunches are free

May 2022 - High School West Lunch Menu

Daily Doubles, Ala Carte and other items are not free

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>2 <u>Choice of One</u> Chicken Smackers w/ roll Stuffed Crust Pizza Fresh Salad Plate w/ roll</p> <p><u>Side Options</u> Caesar Salad Glazed Carrots Mandarin Oranges</p> | <p>3 <u>Choice of One</u> Pizza cheese Crunchers Taco Bar with toppings Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Tomato & Cucumber salad Corn Apple Sauce</p> | <p>4 <u>Choice of One</u> Grilled Cheese Sandwich Big Daddy Pizza Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Spinach Salad Tomato Soup Chilled Pears</p> | <p>5 <u>Choice of One</u> Cheese Burger Quesadilla Chicken Patty Sandwich Turkey or Ham on WG Roll Yogurt Parfait w/ bagel</p> <p><u>Side Options</u> Rice Steamed Broccoli Chilled Pineapple</p> | <p>6 <u>Choice of One</u> Mozzarella Sticks w/ sauce Ranger Burger w/ cheese Assorted Deli Sandwich Bar w/ Tuna</p> <p><u>Side Options</u> Oven Baked Fries Assorted Fresh Vegetables Chilled Assorted Fruit</p> |
| <p>9 <u>Choice of One</u> Meatball sub Stuffed Crust Pizza Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Tossed Salad w/ dressing Green Peas Chilled Pineapple</p> | <p>10 <u>Choice of One</u> Chicken Fajita wrap Yogurt Parfait w/ bagel Mozzarella sticks w/ sauce</p> <p><u>Side Options</u> South West Bean Salad Rice Chilled Mixed Fruit</p> | <p>11 <u>Choice of One</u> Pasta w/ Meat Sauce Ranger Burgers Fresh Salad Plate w/ roll</p> <p><u>Side Options</u> Corn Fresh Veggies w/ dip Mandarin Oranges</p> | <p>12 <u>Choice of One</u> Chicken Patty Sandwich French Bread Pizza Assorted Deli Sandwich Bar</p> <p><u>Side Options</u> Spinach Salad Broccoli Chilled Assorted Fruit</p> | <p>13 <u>Choice of One</u> Pulled Pork Sandwich Pizza Shop featuring Buffalo wing Pizza</p> <p><u>Side Options</u> Oven Baked Fries Baked Beans Chilled Assorted Fruit</p> |

You can place money on student accounts at mySchoolBucks.com
 OR
 Checks may be made payable to Spencerport School Lunch Fund and handed in at the register to be put in a student's Nutrikids Meal Account.

Lunches are free for all students - (ala carte items and daily doubles are not included)



AVAILABLE DAILY IN CAFETERIA

Deli Sandwich Lunch
 PBJ (all serving lines)
 Fresh Fruit
 Assorted Juice
 Milk

FOOD AVAILABILITY

We are facing many difficulties with our supply chain that will cause us to change our posted menus with little to no notice. We are working closely with our distributors to secure the food needed to support our program. We will make all attempts to serve our posted menu or substitute with a similar item. Thank You

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|---|---|--|--|--|
| <p>16 <u>Choice of One</u> Chicken Nuggets w/ roll Cheese Burger Mac & Cheese Yogurt Parfait w/ pretzel</p> <p><u>Side Options</u> Corn Tater Tots Chilled Peaches</p> | <p>17 <u>Choice of One</u> Taco Bar with toppings Pizza Shop Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Tossed Salad w/ Chickpeas Rice Chilled Assorted Fruit</p> | <p>18 <u>Choice of One</u> Chicken Tenders w/ Dipping sauce Italian Grilled Cheese Sandwich Fresh Salad Plate w/ roll</p> <p><u>Side Options</u> Corn Tossed Salad Mandarin Oranges</p> | <p>19 <u>Choice of One</u> Garbage Plate Big Daddy Pizza Yogurt Parfait w/ bagel</p> <p><u>Side Options</u> Oven Baked Fries Macaroni Salad Chilled Cupped Fruit</p> | <p>20 <u>Choice of One</u> Pizza Crunchers Sloppy Joe's Assorted Deli Sandwich Bar w/ Tuna</p> <p><u>Side Options</u> Tossed Salad / chickpeas Steamed Whole Kernel Corn Chilled Assorted Fruit</p> |
| <p>23 <u>Choice of One</u> Chicken Tenders w/ roll Pizza Shop Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Tossed Salad w/ chick peas Steamed Green Beans Mandarin Oranges</p> | <p>24 <u>Choice of One</u> Pizza cheese Crunchers Taco Bar with toppings Fruit, yogurt, cheese plate w/bagel</p> <p><u>Side Options</u> Tomato & Cucumber salad Corn Apple Sauce</p> | <p>25 <u>Choice of One</u> Chicken Smacker Bowl w/gravy Big Daddy Pizza Fresh Salad Plate w/ roll</p> <p><u>Side Options</u> Mashed Potatoes Corn Chilled Pears</p> | <p>26 <u>Choice of One</u> Turkey w/ Biscuit Baked Ziti Turkey or Ham on WG Roll</p> <p><u>Side Options</u> Tossed Salad / chickpeas Green Peas Chilled Pineapple</p> | <p>27 <u>Choice of One</u> Mozzarella Sticks w/ sauce Ranger Burger w/ cheese Assorted Deli Sandwich Bar w/ Tuna</p> <p><u>Side Options</u> Garden Salad w/ chick peas Assorted Fresh Vegetables Chilled Assorted Fruit</p> |
| <p>30</p>  | <p>31 <u>Choice of One</u> Sweet & Sour Chicken Yogurt Parfait w/ bagel Mozzarella sticks w/ sauce</p> <p><u>Side Options</u> Tossed Salad w/ dressing Rice Chilled Mixed Fruit</p> |  | | <p>AVAILABLE DAILY IN CAFETERIA</p> <p>Deli Sandwich Lunch PBJ (all serving lines) Fresh Fruit Assorted Juice Milk</p> |

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